

On the Road to Success

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NEW YEAR HAPPY

Another Year

It is hard to believe how fast a year can fly by. Here it is 2012 and it seems that 2011 went by in a flash. **Edith Lovejoy Pierce** had this to say about a New Year—'We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called "Opportunity" and its first chapter is New Year's Day.' I want my first chapter to start with a positive attitude, an outline of things to come, filled with challenges and goals I can obtain in the upcoming months. I am going to make 2012 a year to look forward to and enjoy. Why don't you join me?

No Gain Meetings

December 8, MT 26, Butte

December 8, MT 61, Great Falls, losing 15½ pounds

December 11, MT 494, Columbia Falls, with 100% of members attending losing 27¾ pounds

December 21, MT 473, Chinook

December 26, MT 126, Libby

Did I miss anyone?? Let me know there is always another newsletter on its way and I love to hear of your successes.

Communications

If you haven't noticed, I'm an electronic, geeky type of person. The best way to contact me is via email, I even travel with the computer in tow. If you are electronically challenged than it is best to drop me a line through the mail. I do have an answering machine and I have to admit it has its limitations. Voices tend to be a little garbled and if you don't speak slowly I don't always get the number to do a call back. I do answer each and every message as soon as I can, but if you don't hear from me call again. If I miss a news item or you want to add something to the newsletter please put it in writing,

so I don't mess it up in translation. This newsletter is a way to spread the word of your success and events you might like to share with others. Don't hesitate to let me know if you have something to add. I would love to hear from you. So would TOPS News. If you have a success story or an event that worked well for your let's spread the word.

Note: The information in this newsletter is designed for educational purposes only. You should not rely on this information as a substitute for personal medical attention, diagnosis or treatment.

SRD Fund Assessments—Dues have gone up! It now costs \$28 for membership plus another dollar for the State Recognition Day Fund. This dollar is kept within the state of Montana to help with the expense of SRD. Please include it in membership dues, making membership a total of \$29.

Upcoming Events:

Open House January 28th 2-4 at Casa Village in Billings hosted by MT 503

35TH Anniversary for MT 343, Stevensville, Jan. 13th. Congratulations!!

Spring Tune Up

We need hostess chapters for Spring Workshops. Thanks to MT 202, Plains for volunteering to host the Northwest workshop. Agendas are planned by Area Captains and me. They will be training sessions for officers and members alike. We will be working on some leadership skills and chapter responsibilities. If you can host the workshop for your area just let me or your area captain know. Each chapter attending can bring a fundraiser for chapter expenses at SRD.

