

Illinois 2010 ARD T-Shirt Order



TAKE OFF POUNDS SENSIBLY



TOPS President Barbara Cady introduced all TOPS members to TOPS “**Cut and Burn**” Challenge.

“Cut” 100 calories from your daily food plan and “Burn” 100 calories more each day by increasing your activity.

What better way can you show your TOPS pride than at ARD as TOPS members are honored for their great achievements as you proudly wear your “Cut and Burn” T-shirt!

Our premium 5.6 oz. unisex shirt (50/50 blend) either in jade or black with white writing and “**Burnie**” cutting inches away silk screened on the front.

Don't miss this opportunity to purchase. Shirts will be on a **PRE-ORDER** basis **ONLY** and will be picked up at ARD. If your chapter doesn't plan to come to ARD, you may order by adding \$3.00 postage per shirt at the time of ordering. Shirts will be mailed **after** ARD.

Please complete the order form below and return with chapter check payable to “Southern IL TOPS ARD FUND” and mail to:

Judy Robertson
TOPS IL Coordinator #558
812 Joyce Court, Grand Mound, IA 52751
Phone: 563-847-2677
judyrobertson@gmtel.net

Deadline for Orders: **March 26, 2010**

Chapter # _____ Coordinator _____

Person Submitting Order _____

Phone _____ Email _____

Address (if not attending ARD) _____

SIZES	Small		Medium		Large		Ex-Large		2 XL		3XL		4XL		5XL	
SHIRT COLOR	Jade	Black	Jade	Black	Jade	Black	Jade	Black	Jade	Black	Jade	Black	Black Only		Black Only	
QUANTITY																
AMOUNT																

Total Amount Enclosed: \$ _____

Don't forget to include \$3 postage per shirt if not attending ARD.

Check #: _____

Order Form

Please visit www.topsmembermall.com and take a look at the great collection of branded TOPS items available for purchase!

