



“Rock and Roll the Pounds Away”

Our summer contest and the area invitations to Fall Rally are included in this mailing. I will send the results sheets with the August newsletter.

One clarification, the average weight loss per member in the chapter is the NET. Take the losses minus the gains, get a net grand total and divide by the number of members in the chapter; like we do at resume time.

Committee members needed!

The west area has had a Fall Rally Committee for years. It was fun and a delight to work with their committee last year! The west area has an area Fall Rally meeting (similar to a workshop) in June and they discuss which chapter is bringing what items as an award contributions and then members step up to be on the Fall Rally Committee.

I would like to try this in the DuPage area too. I would like one member from maybe 5 - 6 chapters to be on the DuPage Fall Rally Committee. We would meet two to three times to discuss details of the Rally.

Upcoming Events:

IRD – Halifax, Nova Scotia
July 8 – 10, 2010

Fall Rally's:
West Counties September 25, 2010
DuPage County October 23rd, 2010

TOPS Celebrity Showcase was great fun!



Congratulations to our Area and State winners!

State and Area Division 1
Tiffany McCormick 72.50# loss
IL-395 Downers Grove

Area Division 3
Rose Monsivais 48.50 # loss
IL-910 Woodridge

Area Division 4
Pam Wiemerslage 38.50 # loss
IL-2556 Downers Grove

WOW!
Chapter Best Average Loss
IL-2062 Norway
19.30 pounds per member



Let's set a date!

Day chapters and west area, I have permission to take some half day comp time to come visit you.

Call or e-mail me with some date options, so that I can clear the time with work.

I still have evening chapter who have not set a date yet. I will be coming to visit you too. If we don't have a date already confirmed, I will let you know when to expect me.